Moree East Public School Year 6 students and staff were mesmerised when Victor and Elvis from the Out of Africa Circus took time out of their busy schedule to accept an invitation to join a DRUMBEAT circle last Friday. Victor and Elvis are acrobatic performers who are also talented drummers and they were able to demonstrate some spontaneous rhythms that delighted the class. The DRUMBEAT program uses African Djembe Drums to explore rhythm, harmony, relationships, identity and community and teamwork. With the able assistance of Victor and Elvis, all these elements were successfully demonstrated by the students. The students were able to make a connection with the rhythms which will have a lasting impression and give them plenty to discuss at the next DRUMBEAT session.
QUOTE OF THE WEEK

Quote for the Week:
“To create more positive results in your life, replace ‘if only’ with ‘next time.’” (Author Unknown)

The next meeting of the MEPS Community Connections Group will be Tuesday the 13th of March at 10.00am.

Men's Breakfast: Moree East Public School are organising a 'Men's Group” to support school improvement and provide mentors for our students. We are kicking off the group with a Men's Breakfast on the 21st of February at 9.00a.m in the MEPS Careunga Kitchen. We encourage any fathers/grandfathers/interested members of the community to come along and support this initiative and help build a brighter future for our kids.

Welcome Back Picnic: On Wednesday 22nd February, Meps invite all of our families up to enjoy a relaxing picnic lunch with the students and staff. It is a perfect opportunity to meet your child's teacher and find out how their year has started, so pack some lunch and join us on the front lawn of the school at 1.10p.m

Staff Car Park: Please be aware that the staff car park is for staff cars only. Parents need to park out the front of the school when dropping students or items, such as lunches, off. The driveway must be kept clear at all times for emergency and staff vehicles. Additionally, cars driving up and down the driveway increase the risk for students.

School Bell Times:
8:30am Playground Supervision begins  
8:50am Morning Session  
11:00am Recess  
11:30am Middle Session  
1.10pm Lunch  
1:50pm Afternoon Session  
3:00pm School finishes

School officially commences at 8:30am when teachers provide playground supervision. Children should not arrive before 8:30 am.

Mobile Phone Policy: Moree East Public School has a very clear policy regarding student use of mobile phones and electronic items such as ipods. Students should not bring these valuable items to school. Their security cannot be assured if students keep these items in their bags or pockets. If students need to bring a mobile phone to school for after-school use the phone must be brought to the front office upon arrival at school and collected at home time. Should parents need to contact their child during school hours, this can be arranged through the front office.

Discipline Policy: Included in the newsletter is an extract from the MEPS discipline policy. These procedures are based upon the NSW Department of Education and Training policy that underpins student welfare, anti bullying strategies and an expectation that students comply with the Core Rules for public education. As with all school activities, parent participation and support is one of the keys to success.

Until next time ...
Warm Regards

M. Mikaze
Referral to School Executive

Referral to school executive:
Students referred to executive following classroom management strategies being unsuccessful, will require a behaviour referral slip from the teacher.

- Counsel and reinforce acceptable class behaviour.
- Support teacher to impose appropriate consequences.
- Determine further appropriate follow up in consultation with teacher eg, parent contact, mediation.
- Plan to encourage positive pupil behaviour, to remain calm and be proactive.
- May place student on a level.

School level system
All students begin on Green level

Blue Level

Students on Blue level
- Will have parents/carers contacted about concerns.
- Class teacher to monitor.
- Any further referrals over the 5 days students will be placed on Purple level.

Students will be on Blue level until they have completed 5 days of appropriate behaviour.
Students on Blue level may still receive merit certificates.

Purple Level

Students on Purple level
- May not participate in extra curricular activities outside the school.
- Will be placed on restricted playground access. Required to sit on purple seats in the playground.
- Will have parent/carers contacted.
- Will be referred to the Learning Support Team.

Students will be on Purple level until they have completed 6 days of appropriate behaviour.
Students placed on Purple level will have restricted access to reward times.

Red Level

Students on Red level
- May not participate in extra curricular activities inside or outside the school.
- May be required to participate in the Keys Room Programs as determined by the Executive.
- Will be placed on a behaviour monitoring card.
- Will be removed from the playground.
- Will have parent/carer contacted for an interview.
- Will be referred to the Learning Support Team.

Students will be on Red level until they have completed 10 days of appropriate behaviour, or earned 40 points as measured by the behaviour monitoring card. Students will then move to the Purple level.
Students placed on Red level will have no access to reward times.

The Principal may suspend or expel a child from the school in accordance with Departmental Policy outlined in “Suspension and Expulsion of School Students Procedures”.
SPECIAL EVENTS—DRUMBEAT WITH OUR VISITORS VICTOR AND ELVIS FROM “OUT OF AFRICA CIRCUS” THAT VISITED MOREE RECENTLY
Up Close and Personal With

Jordan McKenzie ...

MY FAMILY: Mum and two brothers
WHERE I GREW UP: Moree
WHAT CLASS I AM IN: Year 6

PERSONAL INTERESTS:
- FAVOURITE MOVIE: Step Up 3
- FAVOURITE SPORT: Touch Football
- FAVOURITE HOBBY: Running
- FAVOURITE PETS: Dog called “Snappy”
- FAVOURITE FOOTBALL TEAM: Titans
WHAT I WOULD LIKE TO DO WHEN I LEAVE SCHOOL: Be a professional runner

MAXX Club

<table>
<thead>
<tr>
<th>Friday, Feb. 10th</th>
<th>Friday, Feb. 17th</th>
<th>Friday, Feb. 24th</th>
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<tr>
<td>Too Cool For School</td>
<td>What Were You Thinking?</td>
<td>Are You Even Listening?</td>
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Maxx Club runs from 5pm—7pm on a Friday evening. It is for kids aged 7—12 and a bus service will be available for you but has limited seating so if you are not registered for the bus service then you may need to arrange your own transport. The night will consist of games, activities and a lesson all based around a particular theme for the evening. You will also receive a meal before leaving. There is no cost, however a gold coin donation is encouraged. It will be held at 114 Anne Street in the Salvation Army building. We hope to see you there. Are you ready for Maxx Club?

For more information call Kyle Johnson on 6751-1687 or email kyle.johnson@au.save.org
Accident Insurance

insure your child against any medical costs of accidents arising at school you are strongly advised to take out private health insurance or check if your school is covered for school accident insurance available via your school’s P&C Association.

Parents are reminded that the department does not provide accident or medical insurance for students enrolled in government schools. The only cover provided by the state government is through the Supplementary Sporting Injuries Benefits Scheme, which covers all students permanently injured or killed while participating in authorised school sporting or athletic activities. The scheme does not cover dental injuries, reimbursement of medical expenses, legal expenses or costs. For more information go to [http://www.sportinginjuries.nsw.gov.au/](http://www.sportinginjuries.nsw.gov.au/) or call 02 4321 5392.

Summer Water Safety

Being in, on or around the water is an enjoyable part of living in Australia. However, drowning is one of the leading causes of preventable death and permanent brain injury in children under five years of age, with more than 50 children between one and 15 drowning every year. Drowning is tragic and preventable.
If your children are not water confident or are not able to swim, consider enrolling in certified swimming classes held throughout the year in public pools around the state.
Royal Lifesaving Society Australia offers valuable courses in resuscitation and rescue as well as fact sheets on water and pool safety, and translated resources.
If you live near the coast, contact your local Surf Lifesaving club for healthy and fun water activities such as Nippers: [www.sls.com.au/](http://www.sls.com.au/)

PCYC – YOUTH ACTIVITIES

- Tuesday 6.30 pm - Karate 5 yrs - Open Age
- Tuesday & Thursday 6.30 pm - Running Club - Beginners to Experienced Runners Welcome
- Wednesday 4.00 pm - 5.30 pm – Circus Trix – 5 yrs - 17 yrs
- Thursday 24 November 4.00 pm - 5.30 pm - Gymnastics 5 yrs - 17 yrs
Basketball & Futsal starting soon
Games Room Open
What is Physical Culture (Physie)?
- A series of low impact exercises in dance form, choreographed to current music. The routines learnt throughout the year include:
  - Marching and Deportment
  - Exercises
  - Rhythm and Breathing
  - Dance

Benefits of Physical Culture
- Improves posture, balance and breathing.
- No pressure to achieve “results”. Each student can set their own goals and go at their own pace.
- Great for improving self esteem.
- Exceptional value for money.
- Most importantly its fun!

Competitions
- At the end of term 3 we hold our annual competitions. The first is the Interclub Competition, in this competition students compete in team events and individually in “Champion Girl”. The second is the Club Competition; students compete individually against other students from their own club. Every student will get a badge and certificate and most importantly it is completely optional whether students want to compete or not and there are no extra charges for competing.

Age Groups, Times & Cost
- Preschoolers 3-4yrs 4:30-5pm
- Tiny Tots 5-7yrs 5:00-5:45pm
- Teeny Boppers 8-12yrs 5:45-6:30pm
- Teenagers 13-15yrs 6:30-7:15pm
- Ladies 7:15-8pm
- Seniors 16yrs & over 8pm-8:45pm

$5 per week and there is also a one off $40.00 registration to cover insurance and APRA.

Held at Moree East Public School Hall on Thursdays during school terms. Contact Amy Willis on 0400669247, Amanda Williams on 0429 631 506 or Karen Moxey on 0429 344 931

Classes also held in Warialda & Inverell
"YOU CAN DO IT"

“You Can Do It” is the social skills program used at Moree East Public School. The program focuses on 5 Keys to success – **Organisation**, **Confidence**, **Persistence**, **Getting Along** and **Resilience**.

**This week’s focus is CONFIDENCE**

### Organisation
Being organised means:
- Making sure I understand my teacher’s instructions before I begin work
- Keeping a neat desk and school bag
- Having all my school supplies ready
- Planning when I’m going to do my homework so I have enough time

### Confidence
Being Confident means:
- Trying something new
- Doing hard things without asking for help
- Sharing new ideas with my teacher
- Talking to someone new
- Standing up tall
- Speaking with a clear voice

### Persistence
Being Persistent means:
- Trying hard and not giving up
- Not letting others distract me from my work
- Checking that my work is correct
- Finishing my class work and homework on time

### Getting Along
Getting Along with others involves:
- Following classroom rules
- Solving conflict peacefully
- Listening and not interrupting when someone is speaking
- Working well with my classmates
- Volunteering for jobs

### Resilience
Being Resilient means:
- Staying calm
- Not losing my cool
- Not getting extremely worried, angry or down
- Calming down quickly
- Not fighting when upset
- Bouncing back
Happy Valentines Day
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<th>Week</th>
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<td>Students Return</td>
<td>Swimming Carnival Kindergarten Begin</td>
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<td>MEPS CC Meeting 10.00am Community Room</td>
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<td>AECG Carol Avenue 11.00am</td>
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<td>Week 5 February</td>
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<td>Mens Breakfast 9.00am</td>
<td>Welcome Back to School Picnic</td>
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<td>McKechnie Shield</td>
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<td>Parent Workshop Ladies Craft Soccer/Netball/ Rugby Trials</td>
<td>CAPERS Rehearsal</td>
<td>Clean Up Australia Day</td>
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<td>LEARN TO SWIM PROGRAM</td>
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<td>League Trials</td>
<td>MEPS CC Meeting 10.00am</td>
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<td>AECG MPS 11.00am</td>
<td>NECOM Visit</td>
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<td>Northern Soccer Trials</td>
<td>Northern League Trials</td>
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<td>Technology Camp</td>
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<td>Final N/W League Trials</td>
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<td>Zone Touch Trials</td>
<td>Visiting Show</td>
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<td>K-2 Easter Parade 2pm</td>
<td>Good Friday</td>
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