On Thursday, 1st March, 2012 the NSW Police Service celebrated 150 years of policing. Moree East students thought it would be appropriate to join in these celebrations, by creating a sea of blue hands to say thankyou to the NSW Police Force for all that they do.
QUOTE OF THE WEEK

Quote for the Week:
“Without hard work, nothing grows but weeds.”
(Gordon B. Hinckley)

The next meeting of the MEPS Community Connections Group will be Tuesday the 13th of March at 10.00am.

School Survey for NSW Priority Schools Program
The Priority Schools Program provides essential funding to schools that are eligible. Every four years the government decides which schools are eligible by surveying our families. This week parents/carers are being asked to fill out a one-page survey so that MEPS can once again receive the much needed funding.

Once you have completed your survey you just need to seal it in the envelope, write your child’s name on the tear off tab and send it back to school. Surveys are completely confidential and will not be opened by the school. The only reason for putting your child’s name on it is so the school can keep a record of who has returned their survey. If you have high school aged students you will also receive a survey from the high school – please fill out and return BOTH surveys.

Surveys must be returned by Friday 9th March. Thank you in advance for your support.

ALL STUDENTS WHO RETURN THEIR SURVEYS WILL RECEIVE A PRIZE!!

Intensive Swimming – I have had many positive reports about our students who have attended the Intensive swimming program this week. Their behaviour has been wonderful and some of the other patrons have commented on how nice our school students are. A huge thank you also needs to go out to Miss Edge for her excellent organisation of the program and the teachers for implementing the lessons.

Clean up Australia Day – I am proud to say our students did a fantastic job last Friday cleaning up the school grounds and the footpaths bordering the school. I hope some of them were able to participate in Moree’s Clean Up Australia Day on the weekend as well.

New England Conservatorium of Music – On Friday the 16th of March The New England Conservatorium of Music will again be visiting Moree East to conduct music sessions with the students. It is an amazing opportunity for the students to access such highly accomplished musicians and learn more about how music is produced.

Harmony Day – This year Harmony Day falls on the 21st of March and to celebrate the cultural diversity within our communities each class will again be studying a specific country. The countries are allocated as below:

<table>
<thead>
<tr>
<th>Kindergarten - Madagascar</th>
<th>Year 1 - Bermuda</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 2 - Antarctica</td>
<td>Year 3/4 - France</td>
</tr>
<tr>
<td>Year 4/5 – Netherlands</td>
<td>Year 6 - Turkey</td>
</tr>
<tr>
<td>Front Office - Brazil</td>
<td>Library - Spain</td>
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</tbody>
</table>

Homework Centre – A large amount of parents indicated in their surveys last year that they would like the school to run a homework centre so we have listened and will be officially launching a MEPS Homework Centre next week. Times for the centre are as follows:

<table>
<thead>
<tr>
<th>Years 5 &amp; 6 Tuesdays</th>
<th>3.00pm – 4.30pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Years 3 &amp; 4 Wednesdays</td>
<td>3.00pm – 4.00pm</td>
</tr>
<tr>
<td>Kinder/Year 1 &amp; Year 2 Thursdays</td>
<td>3.00pm – 4.00pm</td>
</tr>
</tbody>
</table>

We are running the Homework Centre in conjunction with the Salvation Army and the Salvation Army bus will be available to transport students home on Wednesdays and Thursdays. Students attending on Tuesdays will need to walk home or be collected by parents.

Permission notes will be sent home this week so please sign them and send back as soon as possible.

We encourage you to make the most of this wonderful opportunity to support your child’s education.

Until next time ...

Warm Regards

M. Mikaves
**SPECIAL EVENTS**

**Week 6 Awards - Ms Edge**

✨ **PRINCIPAL AWARD**
Norman Roberts—For being persistent in classroom activities

✨ **WEEKLY MERIT AWARDS**
Jeremiah Yates—5 Star Effort in English
Shonnalea Smith—Being Thoughtful to Her Classmates

**Week 6 Awards - Mr Churchill**

✨ **PRINCIPAL AWARD**
Jayden Barlow—Outstanding Efforts in Mathematics

✨ **WEEKLY MERIT AWARDS**
Malakye Smith—For remembering our classroom rules
Maureen Newman—For participating in all classroom activities

**PARENT TIPS AND INFO**

**Become a Foster Carer**
This year around 24,000 young people aged from babies to teens will be living in out-of-home care due to a range of domestic issues. As a result, foster carers are urgently needed and Fostering NSW is calling on caring and stable people to help care for a young person in their home. Foster carers play a vital role and by giving these children safe and caring homes, either short or long-term, help to change their lives for the better. If you would like to know more about becoming a foster carer, call 1800 236 783 or visit www.fosteringnsw.com.au/

**Bandaged Bear Appeal**
With the 23rd annual Bandaged Bear Appeal running throughout March 2012, The Children’s Hospital at Westmead, which treats 70,000 sick children each year, is asking the community to show its support to seriously ill children by holding a Bandaged Bear Breakfast, making a donation or purchasing Bandaged Bear Appeal merchandise.

Head to the Bandaged Bear Appeal website at www.bandagedbear.com.au or call 9845 3481 and register to hold a Bandaged Bear Breakfast, make a donation, or find out where to purchase appeal merchandise.

**National Sea Week 2012**
Did you know Australia is one of the most urbanised nations in the world and most people live within an hour or two of the coast? The annual National Sea Week (which this year starts on 4 March) helps draw attention to issues related to the marine environment. This year’s focus is on marine debris (litter) and what we can do to help keep the ocean clean. Go to www.mesa.edu.au/seaweek2012/default.asp for activities and information on how you can be involved.

The first day also coincides with the annual Clean Up Australia Day. www.cleanupaustraliaday.org.au/
ANNUAL GALA DAY TRIALS

Last Wednesday, seen many students from Years 4, 5 and 6 attend the annual Gala Day Trials at Moree Public School.

Despite the blistering heat, all of the children that participated didn’t let a hot day get in their way of trying their hardest to get selected in the various teams. Students had the opportunity to make the Moree Zone teams in girl’s netball, boy’s and girl’s soccer and boy’s rugby union.

The following students were successful in making the Moree Zone teams:

**NETBALL:** Delta Swan, Elizabeth Green, Jordan McKenzie and Shonnalea Smith.

**GIRLS SOCCER:** Georgia Smith, Jordan McKenzie, Kiara Smith, Shonnalea Smith and Elizabeth Green.

**BOYS RUGBY UNION:** Tray Smith, Darryl Sharpley and Mark Pegus.

Unfortunately the names of the boy’s selected in the soccer team have not yet been finalised.

Staff and students from MEPS wish all of the selected students well in all of their sporting endeavours.

The Netball season is due to commence on 28th April, 2012 and Moree & District Netball Association will be holding their registration days on the following dates:-

- **Saturday, 10th March, 2012 at Ron Harbourne Oval Netball Courts from 10am to 1pm**
- **Wednesday, 14th March, 2012 at Ron Harbourne Oval Netball Courts from 5.30pm to 7pm**
- **Saturday 17th March, 2012 outside Joblink Plus from 9am to 1pm**
- **Saturday 24th March, 2012 in Coles Complex from 9am to 1pm**

Register on the first registration day to receive an early bird saving of $5 per registration, also introduce a new member and have them register with you to receive $10 off.

So come on down and register yourself individually or gather a team together and register as a team. Registrations will **NOT** be taken without payment in full, this can be done by cash / cheque on the day or a cheque made payable to Moree & District Netball Association and sent, Attention Alison, P.O. Box 850, Moree NSW 2400 with registration forms.

Registrations can also be paid by Direct Deposit once again, please send an email for registration form and direct deposit details.

State Age Rep tryouts will held on Wednesday 7th March, at 6pm and Saturday 10th March at 10am at Ron Harbourne Oval Netball Courts for girls aged between 11 and 15 years.

For more information please contact Tina on 0428 626 936 or check out our Facebook page.

Moree & District Netball Association will also be holding a Foundation Coaching Course on the 31st March, 2012 and a Level 1 Umpires Course on the 5th May, 2012.

Anyone interested in attending these courses please contact Alison or register your interest via email.

**For more information please email moreenetball@hotmail.com or call Alison on 0427 539 240.**

You can also like us on Facebook to keep up to date with the latest information and what’s
Click on LIKE to follow our MEPS Facebook
Up Close and Personal
With Kevin Carr ...

MY FAMILY:  Mum and Me
WHERE I GREW UP:  Moree
WHAT CLASS I AM IN:  Year 6-12

PERSONAL INTERESTS:
- FAVOURITE MOVIE: Rush Hour
- FAVOURITE SPORT: Football
- FAVOURITE HOBBY: Going for a walk
- FAVOURITE PETS: Dogs and Fish
- FAVOURITE FOOTBALL TEAM: Tigers

WHAT I WOULD LIKE TO DO WHEN I LEAVE SCHOOL:
Go to College

KIARA SMITH 1ST
JERMAINE SMITH 4TH
PETER DUNCAN 8TH
JACK ROBERTS 8TH
BRENDA DUNCAN 9TH
MALACHI GILLON 26TH
MOREE DISTRICT NETBALL ASSOCIATION
Are holding State Age Rep tryouts for ages 11-15yrs.
It will be at Ron Harbourne Oval netball courts at 6pm
Wednesday 29th February and Wednesday 7th March.
Information can be gathered by calling Tina Macey 0428 626 936
or LIKE us on Facebook.

Moree Hockey Association
Moree Hockey Association will be holding its Annual General Meeting
on Monday 19th March 2012 at 6:00pm at the Moree Golf Club.
All interested players/parents are welcome to attend.
For any enquiries please phone Helen 0427522827.

It’s Rugby Time Again
Moree Junior Rugby Club will be having their first sign on date
on the 8th March 2012 from 4 to 6pm at the Weebolla Oval.
Consecutive sign on dates will be the 15th & 22nd of March.
Registration fees are only $50.
Training will start on the 15th March and will run from 4pm to 6pm.
Please bring mouth guards & water bottles.
Age divisions will be U6, U8, U10, U12 & U14.
All are welcome. Rugby is the sport for everyone.
For further information please contact Bronwyn on 67937477
What is Physical Culture (Physie)?

- A series of low impact exercises in dance form, choreographed to current music. The routines learnt throughout the year include:
  - Marching and Deportment
  - Exercises
  - Rhythm and Breathing
  - Dance

Benefits of Physical Culture

- Improves posture, balance and breathing.
- No pressure to achieve “results”. Each student can set their own goals and go at their own pace.
- Great for improving self esteem.
- Exceptional value for money.
- Most importantly its fun!

Competitions

- At the end of term 3 we hold our annual competitions. The first is the Interclub Competition, in this competition students compete in team events and individually in “Champion Girl”. The second is the Club Competition; students compete individually against other students from their own club. Every student will get a badge and certificate and most importantly it is completely optional whether students want to compete or not and there are no extra charges for competing.

Age Groups, Times & Cost

- Preschoolers 3-4yrs 4:30-5pm
- Tiny Tots 5-7yrs 5:00-5:45pm
- Teeny Boppers 8-12yrs 5:45-6:30pm
- Teenagers 13-15yrs 6:30-7:15pm
- Ladies 7:15-8pm
- Seniors 16yrs & over 8pm-8:45pm

$5 per week and there is also a one off $40.00 registration to cover insurance and APRA.

Held at Moree East Public School Hall on Thursdays during school terms. Contact Amy Willis on 0400669247, Amanda Williams on 0429 631 506 or Karen Moxey on 0429 344 931

Classes also held in Warialda & Inverell
"YOU CAN DO IT"

“You Can Do It” is the social skills program used at Moree East Public School. The program focuses on 5 Keys to success – Organisation, Confidence, Persistence, Getting Along and Resilience.

This week’s focus is RESILIENCE

Organisation
Being organised means:
- Making sure I understand my teacher’s instructions before I begin work
- Keeping a neat desk and school bag
- Having all my school supplies ready
Planning when I’m going to do my homework so I have enough time

Confidence
Being Confident means:
- Trying something new
- Doing hard things without asking for help
- Sharing new ideas with my teacher
- Talking to someone new
- Standing up tall
Speaking with a clear voice

Persistence
Being Persistent means:
- Trying hard and not giving up
- Not letting others distract me from my work
- Checking that my work is correct
Finishing my class work and homework on time

Getting Along
Getting Along with others involves:
- Following classroom rules
- Solving conflict peacefully
- Listening and not interrupting when someone is speaking
- Working well with my classmates
Volunteering for jobs

Resilience
Being Resilient means:
- Staying calm
- Not losing my cool
- Not getting extremely worried, angry or down
- Calming down quickly
- Not fighting when upset
Bouncing back
<table>
<thead>
<tr>
<th>Week</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
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<tbody>
<tr>
<td>Week 3</td>
<td>Students Return</td>
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<tr>
<td>February</td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
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<tr>
<td>Week 4</td>
<td>MEPS CC Meeting 10.00am Community Room</td>
<td>15</td>
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<td>16 AECG Carol Avenue 11.00am</td>
<td>17</td>
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<tr>
<td>February</td>
<td>13</td>
<td>14</td>
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<td>Week 5</td>
<td>Mens Breakfast 9.00am</td>
<td>22 Welcome Back to School Picnic</td>
<td>23</td>
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<td>24 MeKechnie Shield</td>
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<tr>
<td>February</td>
<td>20</td>
<td>21</td>
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<td>Week 6</td>
<td>Learn To Swim</td>
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<td>Learn To Swim</td>
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<tr>
<td>February</td>
<td>27</td>
<td>28</td>
<td>29 Parent Workshop Ladies Craft Soccer/Netball/ Rugby Trials</td>
<td>30 CAPERS Rehearsal</td>
<td>31 Clean Up Australia Day</td>
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<tr>
<td>Week 7</td>
<td>Learn To Swim</td>
<td>Learn To Swim</td>
<td>Learn To Swim</td>
<td>Learn To Swim</td>
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<td>March</td>
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<td>7</td>
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<td>Week 8</td>
<td>League Trials</td>
<td>MEPS CC Meeting 10.00am</td>
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<td>AECG MPS 11.00am</td>
<td>NECOM Visit</td>
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<tr>
<td>March</td>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
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<td>Week 9</td>
<td>Northern Soccer Trials</td>
<td>Northern League Trials</td>
<td>Technology Camp</td>
<td>Technology Camp</td>
<td>23</td>
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<tr>
<td>March</td>
<td>19</td>
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<td>21</td>
<td>22</td>
<td>23</td>
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<tr>
<td>Week 10</td>
<td>Final N/W League Trials</td>
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<td>Final N/W Soccer Trials</td>
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<tr>
<td>March</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
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<tr>
<td>Week 11</td>
<td>Zone Touch Trials</td>
<td>Visiting Show</td>
<td>K-2 Easter Parade 2pm</td>
<td>Good Friday</td>
<td>6</td>
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<tr>
<td>April</td>
<td>2</td>
<td>3</td>
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</table>

**LEARN TO SWIM PROGRAM**

- Term 1 Calendar 2012
- LEARN TO SWIM PROGRAM
- LEARN TO SWIM PROGRAM